

## **Coaching Tips for Corporate Guides – Month 3**

**Milestone:** Cultivation

### **Coaching Objectives:**

- Partners develop rapport.
- Partners develop trust.
- Coaching is specific to components of program and Fellow’s work experiences.
- Partners begin to reflect on and evaluate coaching partnership.

### **Suggested Topics and Sample Questions**

#### Session Related: Emotional Intelligence

- What did you find most useful from the classroom session on Emotional Intelligence?
- How can you use the principles of Emotional Intelligence to improve your working relationships with co-workers, your manager?
- How did you incorporate Emotional Intelligence in your action plan?
- What kind of progress are you making on your action plan?

–

#### General

- What else would you like to discuss today?
- What kind of feedback are you seeking/getting from your co-workers or manager?
- What are the three most important things that you have learned about yourself in the past month?
- Did you have to deal with any challenges in conducting your work?
- How did you address them?
- In hindsight, what could you have done differently?
- What questions do you have for me, either about me, our coaching partnership, or work?

#### Reflection/Evaluation

- Reflecting on our coaching partnership, what is most helpful?
- What would you like to do differently?